

ROASTED SQUASH

INGREDIENTS:

1 LARGE SQUASH
6-8 GARLIC CLOVES
OLIVE OIL
SALT AND PEPPER

RECIPE:

1. PREHEAT OVEN TO 190'C
2. SLICE SQUASH INTO LARGE CHUNKS REMOVING THE SEEDS AND ADD TO A ROASTING TRAY.
3. ADD GARLIC, SALT, PEPPER PLUS A DRIZZLE OF OIL AND PLACE INTO THE OVEN FOR 40-55 MINS.
4. YOUR SQUASH WILL BE SOFT AND CAMELISED AND READY TO EAT.



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